

LC-DC Podcast Episode 9: Combatting Misinformation

Show Notes

Host & Guest Bios

Ryan is a faculty member in the Douglas College Learning Centre.

Lisa is the Administrative Officer for the Library and Learning Centre.

Episode Summary

This episode was recorded in [the Podcasting Studio](#) in the New Westminster Library on March 16, 2026.

In this episode, Lisa gives us a crash course on Misinformation and disinformation, including what it is, how it impacts us, and what we can do to combat it.

Misinformation is false information that is disseminated (often online) by people who are unaware that the information is inaccurate. Disinformation refers to false information that is spread knowingly, with the intent to deceive or mislead an audience.

Misinformation has many negative effects on both an individual and collective level, particularly as it prevents us from making decisions that require accurate information, such as how to respond to the spread of a dangerous virus or whom to vote for in an election.

Lisa shares several tips for recognizing and combatting information, starting with the development of digital literacy and critical thinking skills. She recommends the SIFT method (Stop, Investigate source, Find better coverage, Trace claims and quotes back to the original source) for verifying information. Lisa shares several helpful resources and tools for combatting misinformation (linked below).

Finally, Lisa shares some examples of how post-secondary institutions are tackling misinformation and talks about the library's Misinformation March campaign.

Resources

Merlan, A. (2026, March 9). AI fakes spread disinformation. Is the distrust they create event worse? MotherJones; <https://www.motherjones.com/politics/2026/03/artificial-intelligence-memes-disinformation/>

Van der Linden, S. (2023). Foolproof; Why misinformation infects our minds and how to build immunity; Norton & Company. Available in the library: <https://research.ebsco.com/linkprocessor/plink?id=9cf5693f-12f2-395f-84bd-0b7bfd34b23a>

[Douglas College Library Misinformation and Disinformation Guide](#)

[SFU - The Disinformation Project](#)

University of Calgary Library - [Building Resilience to Misinformation: An Instructional Toolkit](#)

[SIFT Method](#)

[Indicator Media](#)

[404Media](#)

[NewsGuard Reality Check](#)

What Next?

Book an appointment with a Learning Centre tutor through [our online booking system](#) (remember that you can book an appointment for "study skills" to learn different study strategies from our peer tutors).

Check out Misinformation March activities in the library foyer at both campuses.

Follow the Douglas College Learning Centre on Instagram @dclearningcentre

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Thanks for listening!