

LC-DC Podcast Episode 6: Starting Strong with Rashi

Show Notes

Host Bios

Ryan is a faculty member in the Douglas College Learning Centre.

Rashi is a third-year student at Douglas and a peer tutor in the Learning Centre. She tutors subjects in Business and Sciences.

Episode Summary

This episode was recorded in [the Podcasting Studio](#) in the New Westminster Library on November 27, 2025.

In this episode, Rashi outlines how to get a strong start on the semester (and the New Year). She recommends going through your course outlines to get an overall picture of what the semester is going to look like. This includes putting all your important assignment deadlines and test dates into your calendar. This helps students prepare for the busiest 2-3 weeks of the semester.

According to Rashi, it's important for students to attend classes with the right mindset – one of curiosity and openness – so that students can get the most out of their courses. She recommends students say “hi” and introduce themselves to their peers and their professors, and to ask questions if they have any.

Rashi recommends that students develop two very beneficial habits during the first week of classes: First, students should practice studying every day, even if they don't have any immediate deliverables. This helps to get into the habit of studying regularly and prevents procrastination. Second, Rashi suggests keeping course notes and materials organized so that you don't misplace anything and know where everything is when it's time to study.

Next, Rashi talks about how to “win the day at college” by making sure you come to campus with everything you need, including nutritious food, so that you can stay later and study in the library if needed. She then shares tips for building connections during the first week of the semester. Finally, Rashi talks about what to do if you get off to bad start, which can happen to even the best students.

Resources

Check out our [online Resources Hub](#)

What Next?

Book an appointment with a Learning Centre tutor through [our online booking system](#)

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