# LC-DC Podcast Episode 2: Critical Thinking with Kash and Tavleen

## Show Notes

### Host Bios

Kash is a third-year BBA student majoring in Accounting at Douglas College.

Tavleen is a fourth-year BBA Financial Services student at Douglas College.

### Episode Summary

Kash and Tavleen start by talking about how critical thinking can help students perform better on tests. Instead of just memorizing information, critical thinking encourages you to analyze, question, and make sense of it logically.

The first step is to think about how you approach studying and learning. Engage with the learning material by making connections, asking questions, and thinking about it. For example, instead of just memorizing accounting rules, ask why those rules were created.

Kash and Tavleen also highlight how critical thinking can help you identify biases in your own thinking, such as the planning fallacy, which causes people to underestimate how long tasks will take.

The hosts then discuss how to approach test questions by breaking them down, organizing your thinking, and avoiding overconfidence and anchoring.

Kash and Tavleen also share tips for improving your critical thinking skills, including exposing yourself to different viewpoints and questioning your sources of information.

Finally, Kash and Tavleen address the common practice of relying too heavily on Generative Artificial Intelligence tools such as ChatGPT and share advice on how to use these tools to improve critical thinking.

### Resources

The Learning Centre website has a ton of study skills resources. For help with critical thinking check out the following:

[Answering Multiple Choice Questions](chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https:/library.douglascollege.ca/sites/default/files/RS_7.21_Answering_Multiple-choice_Questions_OL.pdf)

[Writing Essay Questions](https://library.douglascollege.ca/learningcentre/improving-study-skills?qt-guide=6#123)

[Reading Your Textbook](https://library.douglascollege.ca/learningcentre/improving-study-skills?qt-guide=6#117)

### What Next?

Book an appointment with a Learning Centre tutor through [our online booking system](https://douglas.mywconline.com/schedule/calendar?scheduleid=sc6113e93a5447c)

Follow the Douglas College Learning Centre on Instagram @dclearningcentre

If you liked this episode, subscribe, rate, review, and share it with your classmates!

Thanks for listening!