

## CHICAGO (18<sup>th</sup> ed.) CITATION STYLE QUICK GUIDE

CITATION TYPE	BIBLIOGRAPHIC FORM	FOOTNOTE FORM
<b>Book, Single Author (14.1)</b>	Doidge, Norman. <i>The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity</i> . Viking, 2015.	1. Norman Doidge, <i>The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity</i> (Viking, 2015), 191.
<b>Book, Editor as Author (14.5)</b>	Cahn, Steven M. ed. <i>The World of Philosophy: An Introductory Reader</i> . Oxford University Press, 2019.	9. Steven M. Cahn, ed., <i>The World of Philosophy: An Introductory Reader</i> (Oxford University Press, 2019), 77.
<b>Book, Two Authors (14.1)</b>	Mash, Eric J., and David A. Wolfe. <i>Abnormal Child Psychology</i> . Cengage Learning, 2019.	4. Eric J. Mash and David A. Wolfe, <i>Abnormal Child Psychology</i> (Cengage Learning, 2019), 47.
<b>Book, Authored or Edited by Three or More Persons (13.23, 14.1, 14.5)</b>	Miller, Charles D., Vern E. Heeren, John Hornsby, Christopher Heeren, Margaret L. Morrow, and Jill Van Newenhizen. <i>Mathematical Ideas</i> . Pearson, 2016.	6. Charles D. Miller et al., <i>Mathematical Ideas</i> (Boston: Pearson, 2016), 111.
<b>Book, Edition Other Than the First (14.15)</b>	Kirszner, Laurie G., and Stephen R. Mandell. <i>The Pocket Holt Handbook</i> . 5th ed. Harcourt Brace College Publishers, 2000.	9. Laurie G. Kirszner and Stephen R. Mandell, <i>The Pocket Holt Handbook</i> , 5 <sup>th</sup> ed. (Harcourt Brace College Publishers, 2000), 87.
<b>Chapter or Other Part of a Book (14.9)</b>	Sweatman, Margaret. "Arnason's Irony and Vision." In <i>Contemporary Manitoba Writers</i> , edited by Kenneth James Hughes, 31-53. Turnstone Press, 1990.	9. Margaret Sweatman, "Arnason's Irony and Vision," in <i>Contemporary Manitoba Writers</i> , ed. Kenneth James Hughes (Turnstone Press, 1990), 37.
<b>E-Book from a database (library) (14.60)</b>	Kutscher, Martin L. <i>Digital Kids: How to Balance Screen Time, and Why it Matters</i> . Jessica Kingsley Publishers, 2017. ProQuest Ebook Central.	15. Martin L. Kutscher, <i>Digital Kids: How to Balance Screen Time, and Why it Matters</i> (Jessica Kingsley Publishers, 2017), 109, ProQuest Ebook Central.
<b>E-Book with URL (14.60)</b>	Seton, Ernest Thompson. <i>The Trail of the Sandhill Stag</i> . Charles Scribner's Sons, 1914. <a href="http://www.gutenberg.org/files/">http://www.gutenberg.org/files/</a> .	13. Ernest Thompson Seton, <i>The Trail of the Sandhill Stag</i> (Charles Scribner's Sons, 1914), 4, <a href="http://www.gutenberg.org/files/32319/32319-h/32319-h.htm">http://www.gutenberg.org/files/32319/32319-h/32319-h.htm</a> .
<b>Journal Article – Online with a DOI Available (14.72)</b>	Lambert, P., K. Galloway, A. Altman, M. Nachtigal and D. Turner. "Ovarian Cancer in Manitoba: Trends in Incidence and Survival, 1992-2011." <i>Current Oncology</i> 24, no. 2 (2017): 78-84. <a href="https://doi.org/10.3747/co.24.3312">https://doi.org/10.3747/co.24.3312</a> .	26. Peter Lambert et al., "Ovarian Cancer in Manitoba: Trends in Incidence and Survival, 1992-2011," <i>Current Oncology</i> 24, no. 2 (2017): 79, <a href="https://doi.org/10.3747/co.24.3312">https://doi.org/10.3747/co.24.3312</a>
<b>Journal Article from a library database without a DOI (14.72)</b>	Wiebe, Joseph R. "On the Mennonite-Metis Borderland: Environment, Colonialism, and Settlement in Manitoba." <i>Journal of Mennonite Studies</i> 35, no 2 (2017): 111-126. Academic Search Complete.	25. Joseph R. Wiebe, "On the Mennonite-Metis Borderland: Environment, Colonialism, and Settlement in Manitoba," <i>Journal of Mennonite Studies</i> 35, no 2 (2017): 118, Academic Search Complete.

CITATION TYPE	BIBLIOGRAPHIC FORM	FOOTNOTE FORM
<b>Journal Article – Print, Without a DOI (14.63 – 14.66)</b>	Boudreau, Michael. "Hippies, Yippies, the Counter-Culture, and the Gastown Riot in Vancouver, 1968-71." <i>BC Studies</i> 197 (Spring 2018): 39-65.	17. Michael Boudreau, "Hippies, Yippies, the Counter-Culture, and the Gastown Riot in Vancouver, 1968-71," <i>BC Studies</i> 197 (Spring 2018): 47.
<b>DVD (14.165)</b>	<i>Koneline: Our Land Beautiful</i> . Directed by Nettie Wild. Canada Wild Productions, 2015. DVD.	4. <i>Koneline: Our Land Beautiful</i> , directed by Nettie Wild (Canada Wild Productions, 2015), DVD.
<b>YouTube Video (14.167)</b>	Vertiasium. "The Closest We've Come to a Theory of Everything." 2024. YouTube, 32:43. <a href="https://www.youtube.com/watch?v=Q10_srZ-pbs">https://www.youtube.com/watch?v=Q10_srZ-pbs</a> .	5. Vertiasium, "The Closest We've Come," 2024, YouTube, 32:43, <a href="https://www.youtube.com/watch?v=Q10_srZ-pbs">https://www.youtube.com/watch?v=Q10_srZ-pbs</a> .
<b>Podcast (14.168)</b>	Koksal, Nil, and Howden, Chris. "Flamingos Create Water Tornadoes to Trap and Suck up Their Prey: Study." May 26, 2025. In <i>As It Happens</i> . Podcast. MP3 audio, 6:25. <a href="https://www.cbc.ca/radio/asithappens/study-finds-flamingo-create-water-tornadoes-to-eat-1.7542648">https://www.cbc.ca/radio/asithappens/study-finds-flamingo-create-water-tornadoes-to-eat-1.7542648</a> .	7. Nil Koksal and Chris Howden, "Flamingos Create Water Tornadoes to Trap and Suck up Their Prey: Study," May 26, 2025, in <i>As It Happens</i> , podcast, MP3 audio, 6:25, <a href="https://www.cbc.ca/radio/asithappens/study-finds-flamingo-create-water-tornadoes-to-eat-1.7542648">https://www.cbc.ca/radio/asithappens/study-finds-flamingo-create-water-tornadoes-to-eat-1.7542648</a> .
<b>Webpage, Group or Organizational Author (14.104)</b>	Public Health Agency of Canada. "Physical Activity and Your Health." Modified January 13, 2023. <a href="https://www.canada.ca/en/public-health/services/being-active/physical-activity-your-health.html">https://www.canada.ca/en/public-health/services/being-active/physical-activity-your-health.html</a> .	44. Public Health Agency of Canada, "Physical Activity and Your Health," last modified January 13, 2023, <a href="https://www.canada.ca/en/public-health/services/being-active/physical-activity-your-health.html">https://www.canada.ca/en/public-health/services/being-active/physical-activity-your-health.html</a> .
<b>Webpage, Individual Author (14.104)</b>	Santos-Longhurst, Adrienne. "What are the Symptoms and Causes of High Cortisol Levels?" Healthline. Updated March 20, 2025. <a href="https://www.healthline.com/health/high-cortisol-symptoms">https://www.healthline.com/health/high-cortisol-symptoms</a> .	119. Adrienne Santos-Longhurst, "What are the Symptoms and Causes of High Cortisol Levels?" Healthline, last updated March 20, 2025, <a href="https://www.healthline.com/health/high-cortisol-symptoms">https://www.healthline.com/health/high-cortisol-symptoms</a> .
<b>Government Document (14.194 - 14.197)</b>	Environnement and Climate Change Canada. <i>Greenhouse Gas Emissions: Canadian Environmental Sustainability Indicators</i> . Catalogue no. En4-144/18-2023E-PDF. Environment Canada, April 2023. <a href="https://www.canada.ca/content/dam/eccc/documents/pdf/cesindicators/ghg-emissions/2023/greenhouse-gas-emissions-en.pdf">https://www.canada.ca/content/dam/eccc/documents/pdf/cesindicators/ghg-emissions/2023/greenhouse-gas-emissions-en.pdf</a> .	6. Environment and Climate Change Canada, <i>Greenhouse Gas Emissions: Canadian Environmental Sustainability Indicators</i> , catalogue no. En4-144/18-2023E-PDF (Environment and Climate Change Canada, 2023), 21, <a href="https://www.canada.ca/content/dam/eccc/documents/pdf/cesindicators/ghg-emissions/2023/greenhouse-gas-emissions-en.pdf">https://www.canada.ca/content/dam/eccc/documents/pdf/cesindicators/ghg-emissions/2023/greenhouse-gas-emissions-en.pdf</a> .
<b>Government Document (14.194 - 14.197)</b>	Prokopenko, Elena, and Feng Hou. <i>How Temporary Were Canada's Temporary Foreign Workers?</i> Catalogue no. 11F0019M. Statistics Canada, January 2018. <a href="https://www150.statcan.gc.ca/n1/en/pub/11f0019m/11f0019m2018402-eng.pdf?st=73EsECZ2">https://www150.statcan.gc.ca/n1/en/pub/11f0019m/11f0019m2018402-eng.pdf?st=73EsECZ2</a> .	7. Elena Prokopenko and Feng Hou, <i>How Temporary Were Canada's Temporary Foreign Workers?</i> , catalogue no. 11F0019M (Statistics Canada, 2018), 23, <a href="https://www150.statcan.gc.ca/n1/en/pub/11f0019m/11f0019m2018402-eng.pdf?st=73EsECZ2">https://www150.statcan.gc.ca/n1/en/pub/11f0019m/11f0019m2018402-eng.pdf?st=73EsECZ2</a> .
<b>Course Pack</b>	Klein, Joseph. "Recommendations for Care." In <i>NURS 2190: Nursing Philosophical Issues Course Pack</i> , edited by Sarah Kaye, 11-24. Douglas College Bookstore, 2011.	41. Joseph Klein, "Recommendations for Care," in <i>NURS 2190: Nursing Philosophical Issues Course Pack</i> , ed. Sarah Kaye (Douglas College Bookstore, 2011), 18.

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