

APA (7th ed.) CITATION STYLE QUICK GUIDE

CITATION TYPE	REFERENCE	IN TEXT (parenthetical)
Book, Single Author	Salvo, S. G. (2020). <i>Massage therapy: Principles and practice</i> . Elsevier.	(Salvo, 2020)
Book, Section (e.g., Chapter) - With an Author	Huberband, S. (2019). Ghetto folklore. In D. G. Roskies (Ed.), <i>Voices from the Warsaw Ghetto</i> (pp. 70-82). Yale University Press.	(Huberband, 2019)
Book, Section (e.g., Chapter) - Without an Author	Does class size affect student achievement? (2020). In G. L. Koonce (Ed.), <i>Taking Sides: Clashing views on educational issues</i> (20th ed.) (pp. 229-231). McGraw Hill Education.	("Does Class Size," 2020)
Authored Book with a DOI	Schiraldi, G. R. (2001). <i>The post-traumatic stress disorder sourcebook: A guide to healing, recovery, and growth</i> . McGraw-Hill. https://doi.org/10.1036/0071393722	(Schiraldi, 2001)
Journal Article with DOI	Wang, F., & Boros, S. (2025). Effect of gardening activities on domains of health: A systematic review and meta-analysis. <i>BMC Public Health</i> , 25(1), 1102-1111 https://doi.org/10.1186/s12889-025-22263-9	(Wang & Boros, 2025)
Journal, Magazine, or Newspaper Article without a DOI from an Academic Database or Print Version	Venuta, S. (2018). Words that heal and harm: Making wise choices when we talk about mental health. <i>Visions: BC's Mental Health and Substance Use Journal</i> , 14(1), 20.	(Venuta, 2018)
Journal Article with 3-20 Authors	Gurtler, O., Walkowitz, G., & Wiesen, D. (2019). Do good and talk about it! Disclosure and reward of discretionary kindness. <i>Journal of Economic Behavior and Organization</i> , 161(3), 323-342. https://doi.org/10.1061/j.jebo.2019.03.023	(Gurtler et al., 2019)
Webpage on a Website with an Individual Author	Howell, S. (2020). <i>Healthy eating habits: The definitive guide</i> . Copeman Healthcare. https://www.copemanhealthcare.com/resources/healthy-eating-habits	(Howell, 2020)

CITATION TYPE	REFERENCE	IN TEXT
Webpage on a Website with a Group Author	Canadian Council on Social Development. (n.d.). <i>A profile of health in Canada: The health of Canadians</i> . http://www.ccsd.ca/factsheets/health/index.htm	(Canadian Council on Social Development, n.d.)
Blog Post	Minchilli, E. (2020, March 15). Coronavirus lockdown - Italy. <i>Elizabeth Minchilli - Eating my way through Italy</i> . https://www.elizabethminchilli.com/2020/03/coronavirus-lockdown-italy/	(Minchilli, 2020)
Report by a Government Agency or Other Organization	British Columbia Centre for Disease Control. (2005). <i>British Columbia pandemic influenza preparedness plan: Guidelines for planning, response and recovery</i> . http://www.pep.bc.ca/hazard_plans/BC_PI_Plan_Fina1_PAB_REVISED-AUG.pdf	(British Columbia Centre for Disease Control, 2005)
Report by Individual Authors at a Government Agency or Other Organization	Pearson, C. (2015). <i>The impact of mental health problems on family members</i> . Statistics Canada. https://www150.statcan.gc.ca/n1/pub/82-624-x/2015001/article/14214eng.pdf	(Pearson, 2015)
Photograph – No Author	<i>Esalen sunset</i> [Photograph]. (n.d.). TripAdvisor. https://www.tripadvisor.com/LocationPhotoDirectLink-g240329-d107006https://www.tripadvisor.com/LocationPhotoDirectLink-g240329-d107006-i122075677-The_Esalen_Institute-Big_Sur_California.htmli122075677-The_Esalen_Institute-Big_Sur_California.html	(<i>Esalen sunset</i> , n.d.)
Film or Video	Boyle, D. (Director). (2008). <i>Slumdog millionaire</i> [Film]. 20 th Century Fox Home Entertainment.	(Boyle, 2008)
YouTube Video or Other Streaming Video	Ferris, T. (2017, July 13). <i>How to warm up your shoulder with Tim Ferriss</i> [Video]. YouTube. https://www.youtube.com/watch?v=wQnivPKXkZs	(Ferris, 2017)
Course Pack	Collins, D. (2020). Legally speaking: Risk management in obstetrics and gynecology. In S.Kaye (Ed.), <i>NURS 3130: Professional growth, nursing ethics course pack (pp.58)</i> . Douglas College. (Reprinted from Contemporary OB/GYN, 51(11), 38-42).	(Collins, 2020)